

INTRODUCTION TO  
**PSYCHOLOGY**



Dr. Shyamal Chandra Sarkar



# **Introduction to Psychology**

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# GENERAL PSYCHOLOGY

## Introduction

### 1.1 LEARNING OBJECTIVES:

- Understanding the meaning of psychology.
- To introduce the students with the definitions and nature of psychology.
- Describe scope of psychology.
- Distinguish psychology with other sciences.
- To introduce the students with the Meaning of Social Growth of psychology.

### 1.2 MEANING AND DEFINITION OF PSYCHOLOGY:

Psychology is a subject that attempt at making an analytical and scientific study of human mind. The word Psychology is derived from two Greek word "Psyche" and " Logos" meaning 'Soul' and ' Science of' respectively. Thus, etymologically the term psychology means the science of soul. But after some period of time, the definition of psychology was reformed and said that psychology is a study of mind.

Psychology has emerged recently out as a separate subject of subject of study. Prior to this it was considered as a part of philosophy. About a few centuries ago, the answers to the present question would have been that psychology is that part of